

Pre-CIT Practical Record Form

1. Please print **CLEARLY** (illegible forms will be returned without being processed)
2. When **fully completed**, please mail or fax the form to Gymnastics BC
3. Please attach cheque (payable to Gymnastics BC) for \$10 for the processing fee to have the coach placed on the NCCP database. Or include credit card information (Visa / MasterCard) below:

Card #: _____ Expiry Date: _____

Cardholder Name: _____ Signature: _____

PLEASE NOTE: The Pre-CIT coaching program must be completed in a facility that is a current Gymnastics BC member club. The hours must be signed off by a supervising coach with a **MINIMUM certification of NCCP LEVEL 2**. The Pre-CIT and supervising coaches must be current members of Gymnastics BC.

Pre-CIT Information	Name:		Club:		
	Address:			DOB (mm/dd/yyyy):	
	City:	Prov:	Postal Code:	Phone #:	
	Email Address:				

Mentor Coach Information	The Mentor Coach can be NCCP Level 1 Certified This is the Coach that worked with the Pre-CIT during their 10 hours of Assistant Coaching				
	Name:		NCCP#:	Phone #:	
	Club:		Signature:		
	Email Address:				

Program Information	Task	Completed ✓	Mentor Initial	
	All Practical hours must be completed prior to enrolment in the Gymnastics Foundations Introduction Course			
	Attendance and Participation in 10 Tutorials (for GCG program only)			
	10 Hours of Assistant Coaching			
	15 Hours of In-Gym Time: Coaching / Training			
	Up to 10 Hours of Officiating Duties (Volunteering: Events/Meets/Gym Functions)			
	Up to 10 Hours of Administration Duties (Office help, class paperwork etc.)			

Level 2 Coach Approval	Name of Supervising Level 2 Coach:		NCCP #:	Club:	
	Signature of Supervising Level 2 Coach:		Address:		
	Signature of Pre-CIT Applicant:		City / Prov:	Postal Code:	

Mail or Fax the completed form to Gymnastics BC
(forms received without payment will not be processed)



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PLEASE RETAIN A COPY FOR YOUR RECORDS