

TRAMPOLINE LEVEL 3 PRACTICAL FORM

RETURN TO GYMNASTICS BC

230-3820 Cessna Drive
Richmond, BC V7B 0A2
Fax: (604) 333-3499

Mandatory Level 3 Practical Tasks

Date Completed

300 Level 3 Coaching Hours ----->

First aid certificate, which includes CPR ----->

OPTIONAL TASKS (must complete at least 25 points for L3 Practical)

*Optional Level 3 Tasks ***

***Points
Allocated*** ***Points
Claimed***

Coach 1 or more athlete(s) who qualifies to attend Nationals in T&T ----->	5 points	
Coach 1 or more athlete(s) who qualifies to the National T&T AG team --->	10 points	
Coach 1 or more athlete(s) who qualifies to the National T&T Y / Sr. team >	15 points	
Presenter at a coaching clinic (PSO and/or GCG approved) ----->	10 points	
Be a current OR become an NCCP Trampoline Course Conductor ----->	15 points	
Attend a coaching clinic (PSO and/or GCG approved) ----->	5 points	
Be a current OR become a provincial level judge in trampoline ----->	5 points	
OR be a current OR become a national / international level judge ----->	10 points	
Complete 40 hours as a volunteer at provincial and/or national level ----->	5 points	

You MUST submit proof of earning points

Possible Optional Point Opportunities equaling -----> 75 points

******Points for each task can only be claimed once***

Minimum Pont Total

25 points

Your Point Total

I hereby certify that I have completed a minimum of 25 points and would like my name entered in the CAC database as having completed my Level 3 Practical.

Signature

Date

Print Name

Club

LEVEL 3 PRACTICAL REQUIREMENTS FOR TRAMPOLINE SPORTS June 2003

A. Mandatory requirements:

- Complete 300 hours of coaching (applying level 3 skills)
- Hold a valid first aid certificate, which includes CPR (2 day course)

B. Earn 25 points using any of the following options:

- Coach 1 or more athlete(s) who qualifies to attend Nationals in T&T * 5
*(*For L3 Practical, different athletes must attain these points; can count once for L3 P)*
- Coach 1 or more athlete(s) who qualifies to the National T&T Age Group team * 10
*(*For L3 Practical, different athletes must attain these points; can count once for L3 P)*
- Coach 1 or more athlete(s) who qualifies to the National T&T Youth / Senior team * 15
*(*For L3 Practical, different athletes must attain these points; can count once for L3 P)*
- Presenter at a coaching clinic organized by PSO and/or GCG OR GCG approved clinic 10
*(Presentation must be a minimum of 3 hours; can count maximum 1 clinic for L3 P)
(The activity must be approved by the P/T coaching chair & signed)*
- Be a current OR become an NCCP Trampoline Course Conductor 15
(Attend CC Training, complete CC mentoring process and give at least 1 NCCP course)
- Attend a coaching clinic organized by PSO and/or GCG OR attend GCG approved clinic 5
*(Can count maximum of 2 clinics for L3 Practical)
(The activity must be approved by the P/T OR GCG coaching chair & signed)*
- Be a current OR become a provincial level judge in trampoline ** 5
*(** Can count EITHER 5 or 10 points for L3 Practical)*
- OR be a current OR become a national / international level judge ** 10
*(** Can count EITHER 5 or 10 points for L3 Practical)*
- Complete 40 hours as a volunteer at provincial and/or national level 5
(TT Committee, meet organizer, organize clinics, camps, etc.; can count once for L3)

NOTE: To claim “athlete” points, the coach must have been the designated coach for that particular athlete for a minimum period of 2 years.