



2010 BC Gymnaestrada
June 11-12, 2010

BULLETIN #2

February 2010



2010 BC GYMNAESTRADA

Bulletin #2

General Information:

Friday, June 11, 2010 & Saturday, June 12, 2010
Pinetree Community Centre
1260 Pinetree Way, Coquitlam, BC

Website:

<http://gymnastics.bc.ca/event.php?id=75>

Theme:

“Around the World in 80 Minutes”

Equipment:

A 40' x 40' non-sprung floor will be provided. Any additional equipment must be supplied by your club.

Criteria for Display:

We recommend that clubs participating in Gymnaestrada have a maximum of 2 displays with 2 separate groups. (We recommend at least 6 participants per group). Only 1 display per participant. The length of group routines should not exceed 5 minutes. Costumes, use of additional equipment, and music are all optional.

Clubs who intend on participating in the 2010 National Gymnaestrada must indicate their intention on the registration form. Groups of 16-25 will be allowed a routine of up to 10 minutes. Groups of 26 gymnasts or more will be capped at 15 minutes.

Gymnastics for All AGM Assembly:

The Gymnastics for All AGM Assembly will be held on the Saturday, June 12, 2010 at 8:30 pm at Pinetree Community Centre (subject to change). All clubs are asked to send a representative to the Assembly.

Please use attached “Intent to Attend” form to indicate your presence at the GFA AGM Assembly

Registration and Fees:

The registration fee includes all workshops, entrance into the Gymnaestrada show, commemorative t-shirt and club participation banner and certificate.

	Athlete	Coach
Before April 30, 2010	\$62	\$20
May 1 - May 7, 2010	\$72	\$30
After May 7, 2010 No registrations will be accepted after May 21, 2010	\$152	\$30

GBC must receive the ELECTRONIC registration form by the deadline in order to avoid late fees. Payment must be received no later than 5 business days following the deadline. Forms and/or payment received after this will be charged the associated late fees, if applicable.

There will be an admission charge to enter the shows for all spectators, parents and visitors.

Please note that parking fees have been included in the registration fees in order to reduce inconvenience on-site.

Accommodations:

Poco Inn & Suites
1545 Lougheed Highway
Port Coquitlam, BC, V3B 1A5
Phone: 1.800.930.2235
Website: www.poco-inn-and-suites.com
Standard Rooms: \$129.00 + Taxes

- Rates will be made available from June 11 - June 13, 2010
- Complimentary Hot Breakfast Buffet and daily national newspaper with stay
- Complimentary high-speed internet access (wired and wireless)
- Refrigerator, microwave, coffee/tea maker and iron/ironing board
- Crossroads Cocktail Lounge and The Pantry Restaurant on-site

Release Date

The release date for the block of rooms is Wednesday, May 12, 2010. All rooms must be assigned by guest name by this date.

Reservation Procedure

For reservations, please, contact the hotel directly at the numbers listed below. Please quote the code "Gymnastics BC" to receive the special rate:

Cancellation Policy

A deposit of one night's room and tax will be taken from each individual at the time of booking. Cancellation policy is 72 hours notification prior to the confirmed group arrival date without penalty.

Cancellation penalty is the deposit of one night's room and tax.

Refund Policy:

Refunds will only be issued, provided that a medical certificate is submitted prior to Thursday, June 10, 2010. No refunds will be considered once the event has started on Friday afternoon. A \$10 administration fee will be withheld for those withdrawing from the BC Gymnaestrada after May 14, 2010.

Gymnastics BC is happy to substitute a new person for a cancellation at no extra charge, as long as notification is received prior to the event. Please note that t-shirt sizes may not be able to be changed.

Advanced ticket ordering:

Clubs may pre-order tickets for the 2010 BC Gymnaestrada. An Excel order form is included with this bulletin. All ticket orders must be received at Gymnastics BC by May 28 to accommodate delivery time. Orders received after May 28 will not be processed.

Each show will have seating for 500 spectators. Clubs are encouraged to order their tickets in advance to guarantee seating for parents, families and friends. Tickets will be sold at the door if the event is not sold out.

Please send in one (1) cheque per club for all orders. Cheques should be made payable to Gymnastics BC. Order form and payment is due May 28, 2010.

Ticket Prices

Adult: \$8.00 (includes event program)

Senior: \$6.00 (includes event program)

Youth (5-17): \$3.00

Music:

Each club will have the opportunity to choose their own music for this event. Group performances may not exceed 5 minutes unless their groups have more than 15 participants and are intending to attend the National Gymnaestrada.

The organizing committee requires a copy of your music to be sent to Gymnastics BC by April 30, 2010. Music may be submitted electronically and must be .mp3 files. Clubs may send a CD labelled with your club name and music title. A master CD for all shows will be created and music will be returned at the end of the event.

Please ensure that your recording is of very good quality, as poor quality sound is worse when amplified in a large space.

Workshop Schedule:

Friday, June 11		Saturday, June 12	
GROUP 1: Arbutus Club, Vancouver Phoenix Gymnastics, Quantum Gymnastics, Cartwheels Surrey, Cartwheels Richmond, Splitz Gymnastics, GymSense Gymnastics, Marble Gymnastics Academy, Wings Gymnastics Society, Club Aviva		GROUP 2: Exelta Gymnastics, Whistler Gymnastics, Delta Gymnastics Society, Harbour City Gymnastics Centre, Bowen Island Gymnastics Club, Duncan Dynamics Gymnastics Club, Ultra Rhythmics Gymnastics, Illusions Rhythmic Gymnastics, Squamish Gymnastics, Fitkidz Gymnastics Club, Powell River Gymnastics Society	
15:45 – 16:00	Coaches Meeting All athletes to gym for group warm-up	8:15 - 8:30	Coaches Meeting All athletes to gym for group warm-up
16:00 – 16:40	Workshop or Rehearsal #1	8:30 - 9:10	Workshop or Rehearsal #1
16:45 – 17:25	Workshop or Rehearsal #2	9:15 - 9:55	Workshop or Rehearsal #2
17:30 – 18:10	Workshop or Rehearsal #3	10:00 - 10:40	Workshop or Rehearsal #3
18:15 – 18:45	Dinner*	10:45 - 11:25	Workshop or Rehearsal #4
18:45 – 19:25	Workshop or Rehearsal #4	11:30 - 12:00	Lunch*
19:30 – 20:10	Workshop or Rehearsal #5	12:00 - 12:40	Workshop or Rehearsal #5
20:15 – 20:55	Workshop or Rehearsal #6	12:45 - 13:25	Workshop or Rehearsal #6
21:00 - 21:15	Mass Routine Rehearsal	13:30 - 13:45	Mass Routine Rehearsal

* Club Aviva will be providing a concession for the dinner/lunch breaks during the workshops as well as during the performances with a variety of healthy lunch items. Participants are also welcome and encouraged to bring their own lunch.

Performance Schedule:

Saturday, June 12			
GROUP 1		GROUP 2	
16:30	Arrival of Athletes and preparations	13:45 - 14:00	Gym cleared, preparations for 2010 BC Gymnaestrada performance
17:00	Doors open for spectators	14:00	Doors open for spectators
17:30 – 19:00	2010 BC Gymnaestrada Performances - Group 1	14:30 - 16:00	2010 BC Gymnaestrada Performances - Group 2
19:00 – 19:15	Official Gymnaestrada Banner Ceremony	16:00 - 16:15	Official Gymnaestrada Banner Ceremony
19:15 – 19:30	Mass Routine Display	16:15 - 16:30	Mass Routine Display
19:30 – 20:30	Tear-Down and Clean-up		
20:30 - 22:00**	GFA Assembly (please complete & return intent to attend form)		

** subject to change

Photos:

Each participating club is asked to provide a high resolution digital picture of their display group(s) to Gymnastics BC by April 30, 2010. These photos will be incorporated into the 2010 BC Gymnaestrada Program for the performances.

All pictures should be clear with all of the participants close together. If your club has 2 or more displays, please have separate pictures for each display.

Gymnaestrada Contact Information:

Louise Demers, Gymnastics BC, Gymnastics For All Coordinator
604-333-3494 or ldemers@gymnastics.bc.ca

Vivien Symington, Club Aviva
604-526-4464 or caviva2@telus.net

Timelines and Deadlines:

- April 30, 2010:** Individual Registration for all groups
- Groups pictures due at Gymnastics BC for inclusion in event program
- CD of music due at Gymnastics BC
- May 14, 2010:** Bulletin #3 distributed to all registered groups with individual workshops and show schedules
- May 8, 2010:** Late registration deadline for Individual Registration
- May 14, 2010:** Bulletin #3 distributed to all registered groups with individual workshop and show schedules
- May 28, 2010:** Completed ticket order forms and payment due at Gymnastics BC
- June 7, 2010:** GFA Assembly Intent to Attend Form due at Gymnastics BC
- June 11-12, 2010:** 2010 BC Gymnaestrada



2010 GFA AGM Assembly
June 12, 2010
Vancouver, BC

Club Intent to Attend

June 12, 2010: GFA Assembly

All clubs are invited to send one voting delegate along with other observers to the GFA Assembly. The purpose of the GFAA is to summarize the past season, vote on changes for the upcoming season and share information. Various committee positions will be elected at this time.

To participate, please submit this form before June 7, 2010.

Club: _____

Contact Person: _____

Mailing address: _____

City: _____ Province: _____ Postal Code: _____

Phone: (_____) _____ Fax: (_____) _____

Email: _____

Voting Delegate: _____

Observers: _____

Please return this form to:

Gymnastics BC

c/o Louise Demers, Gymnastics for All Coordinator

230 - 3820 Cessna Drive, Richmond, BC V7B 0A2

Fax: 604-333-3499

Deadline to register your club is June 7, 2010