



*"Come and compete with and get to know some of Canada's finest gymnasts"*

**Date: May 7<sup>th</sup>, 8<sup>th</sup> & 9<sup>th</sup>, 2010**

South Delta Recreation Center (Arena)  
1720 56<sup>th</sup> St. Delta, B.C. (Tsawwassen)

**Categories:**

- A. *Interclub* - Men's and women's
- B. *MAG* - Levels 1 - 4
- C. *WAG* - KIP 1 & 2, and Levels 1 - 4, National Pre-Novice
- D. *MAG Cash and Carry Cup* - HP, National Youth, National Open (all optional routines)
- E. *WAG Cash and Carry Cup* - Level 5 & National Athletes

**Rules:**

- A. *Interclub* - Please see GBC Interclub Guide Lines (available on the GBC website).
- B. *MAG* - As per GCG National Levels Program.
- C. *WAG* - As per CPP Program.
- D. *MAG Cash and Carry Cup* - See attached.
- E. *WAG Cash and Carry Cup* - See attached.

**Awards:**

- A. *Interclub* - Each Athlete will receive a certificate. Every session will have a variety of unique awards given out from the judges to select gymnasts. A participation medal will be given to all gymnasts.
- B. *MAG*- As per GBC awards format.
- C. *WAG* - KIP certificate and bronze, silver, gold ribbons on each event, Level 1 - 4 top 8 per event and AA.
- D. *Cash and Carry Cup* - Over \$6,000 in prize money to be given out. Plus each participant will receive a special gift.

\*Note - Team Awards only for the Cash & Carry Cup

**Equipment:**

All equipment is Speith Anderson including two full floors.  
 Additional mats, spotting blocks and beam pads will be available for modified routines.

**Schedule:**

To be included in the second package

**Entry Fees:**

*Group A (Interclub)* - \$50 per gymnast  
*Groups B, C, D & E* \$75 per gymnast

Each gymnast, coach and judge will receive a Goodie Bag, or token of appreciation.

**Important Entry Deadline Dates:**

ALL Registrations will be taken **ONLINE via our website at [www.deltagymnastics.com](http://www.deltagymnastics.com)**

- February 19, 2010 - A club deposit of \$100 and the INTENT to PARTICIPATE form with the # of participants per session is required at this time.
- March 19, 2010 - ONLINE REGISTRATION MUST BE COMPLETED BY THIS DATE.
- Late entries will be charged an additional \$20 per participant.
- Please make all cheques payable to: **Delta Gymnastics Society**

**Refund Policy:**

Refunds will only be given with a doctor's note prior to April 30<sup>th</sup> 2009. A \$10.00 administration fee will be charged to all refunds.

**Accommodation Suggestions:**

Accommodation suggestions see attached.

**Hospitality:**

Coaches and Judges will have access to our hospitality room, which will provide meals and refreshments throughout the weekend.

**Contacts:**

Phone Delta Gymnastics: 604 943 0460

Fax Delta Gymnastics: 604 943 1610

Co Chairs of the Delta Invitational are:

Jennifer Dober	Mark Friesen	Michael Hood
Delta Invitational Chair	Executive Director	Competitive Coordinator
<a href="mailto:jdober@deltagymnastics.com">jdober@deltagymnastics.com</a>	<a href="mailto:mfriesen@deltagymnastics.com">mfriesen@deltagymnastics.com</a>	<a href="mailto:mhood@deltagymnastics.com">mhood@deltagymnastics.com</a>
Sharon Gillespie	Carlene Lewall	
Office Manager	Director of Marketing and Fundraising	
<a href="mailto:info@deltagymnastics.com">info@deltagymnastics.com</a>	<a href="mailto:clewall@deltagymnastics.com">clewall@deltagymnastics.com</a>	



**2010 Delta Gymnastics McDonald's Invitational**  
*featuring the*  
**Eighth Annual 'Cash & Carry Cup' 2010**

**INTENT TO PARTICIPATE FORM**

Club Name: \_\_\_\_\_  
 Contact Name: \_\_\_\_\_  
 Email: \_\_\_\_\_ Phone: \_\_\_\_\_

**INTERCLUB**

GIRLS AGE 6 – 10                      GIRLS AGE 11 & UP                      BOYS ALL AGES  
 \_\_\_\_\_

**WOMEN'S ARTISTIC**

**KIP** \_\_\_\_\_

Argo              Tyro              Novice              Open

LEVEL 1 \_\_\_\_\_  
 LEVEL 2 \_\_\_\_\_  
 LEVEL 3 \_\_\_\_\_  
 LEVEL 4 \_\_\_\_\_

**MEN'S ARTISTIC**

LEVEL 1              \_\_\_\_\_              LEVEL 2              \_\_\_\_\_  
 LEVEL 3              \_\_\_\_\_              LEVEL 4              \_\_\_\_\_

**CASH & CARRY CUP**

WAG – Level 5, National Athletes \_\_\_\_\_  
 MAG - HP, National Athletes \_\_\_\_\_

**A deposit of \$100.00 must accompany this reply.**

***DEADLINE FOR REPLY IS FEBUARY 19th, 2010***

**RETURN TO: Delta Gymnastics**  
 South Delta Recreation Centre - 1720 - 56th Street - Delta, BC V4L 2B1Canada  
**Or email to: [info@deltagymnastics.com](mailto:info@deltagymnastics.com)**